

Food Allergen Ingredients Legend: D=Dairy, E=Egg, S=Soy, W=Wheat, C=Citrus						
Portion Measurements Legend: 1/8 cup=1 oz 1/4 cup=2 oz 1/2 cup=4 oz 3/4 cup=6 oz 1 cup=8 oz						
BRAVO WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider, employer and lender.	SAC	August 31, 2026	September 1, 2026	September 2, 2026	September 3, 2026	September 4, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)	1oz			Egg Patty (D, E, S)		
Grain	1 oz	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Syrup	Ketchup (C), Shredded Cheese (D)	Shredded Cheese (D)	
LUNCH						
Fruit	1/4 c					
Vegetable	1/2 c					
Meat or Meat Alt	2 oz					
Grain	1 oz					
Milk*, fluid	8 oz					
Condiments						
SNACK						
Fruit	3/4 c					Diced Pears
Vegetable	3/4 c				Cucumber Slices	
Meat or Meat Alt	1 oz			String Cheese (D)		
Grain	1 oz	Whole Wheat Soft Mini Pretzel (W)	Cheez-It Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Veggie Crackers (D, S, W)	Whole Corn Tortilla Chips (S)
Milk*, fluid	8 oz	Milk (D)	Milk (D)			
Condiments		Honey Mustard (E, S)			Ranch Dressing (D, E, S)	Salsa (C)

Menu subject to change. Revised 5/2026

*Milk: 6 yrs and older: Unflavored 1% Milk; Kikkoman Soy; Lactose-Free Milk;
Fat-Free Chocolate Milk offered for Monday PM Snack

Condiments available upon request

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CHARLIE WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider, employer and lender.	SAC	September 7, 2026	September 8, 2026	September 9, 2026	September 10, 2026	September 11, 2026
BREAKFAST						
Fruit	1/2 c		Diced Peaches	Pineapple Tidbits (C)	Oranges (C)	Blueberries
Meat or Meat Alt (Optional)	1oz					
Grain	1 oz eq		Cornflakes Cereal (W)	Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid	8 oz		Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments						Syrup
LUNCH						
Fruit	1/4 c	CLOSED				
Vegetable	1/2 c					
Meat or Meat Alt	2 oz					
Grain	1 oz eq					
Milk*, fluid	8 oz					
Condiments						
SNACK						
Fruit	3/4 c			Apples	Diced Peaches	
Vegetable	3/4 c					Carrot Sticks
Meat or Meat Alt	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	1 oz eq		Whole Wheat Berry Animal Crackers (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	8 oz		Milk (D)			
Condiments					Salsa (C)	Ranch Dressing (D, E, S)

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ALPHA WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider, employer and lender.	SAC	September 14, 2026	September 15, 2026	September 16, 2026	September 17, 2026	September 18, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Oranges (C)	Bananas	Tropical Fruit (C)	Blueberries
Meat or Meat Alt (Optional)	1oz					
Grain	1 oz eq	Life Cereal (W)	Whole Grain French Toast Sticks (D, E, S, W)	Oatmeal w/ Brown Sugar and Cinnamon (D)	Rice Chex Cereal	Whole Wheat Pancakes (D, E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Syrup			Syrup
LUNCH						
Fruit	1/4 c					
Vegetable	1/2 c					
Meat or Meat Alt	2 oz					
Grain	1 oz eq					
Milk*, fluid	8 oz					
Condiments						
SNACK						
Fruit	3/4 c			Apples	Diced Peaches	
Vegetable	3/4 c		Cucumber Slices			
Meat or Meat Alt	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		
Grain	1 oz eq	Whole Grain Sweet Potato Crackers (S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	Cheddar Goldfish Cracker (D, W)
Milk*, fluid	8 oz	Milk (D)				Milk (D)
Condiments			Ranch Dressing (D, E, S)		Salsa (C)	

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BRAVO WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider, employer and lender.	SAC	September 21, 2026	September 22, 2026	September 23, 2026	September 24, 2026	September 25, 2026
BREAKFAST						
Fruit	1/2 c	Fruit Cocktail (C)	Pineapple Tidbits (C)	Bananas	Diced Peaches	Diced Mangoes
Meat or Meat Alt (Optional)	1oz			Egg Patty (D, E, S)		
Grain	1 oz eq	Rice Krispy Cereal	Whole Wheat Pancakes (D, E, S, W)		Cheesy Grits (D, S, W)	Whole Grain Muffins (E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Syrup	Ketchup (C), Shredded Cheese (D)	Shredded Cheese (D)	
LUNCH						
Fruit	1/4 c			Applesauce		
Vegetable	1/2 c			Shredded Lettuce & Diced Tomatoes (C)		
Meat or Meat Alt	2 oz			Ground Turkey Taco Meat (C)		
Grain	1 oz eq			Whole Wheat Flour Tortilla (W)/Whole Corn Tortilla Chips (S)		
Milk*, fluid	8 oz			Milk (D)		
Condiments				Salsa (C), Shredded Cheese (D)		
SNACK						
Fruit	3/4 c					Diced Pears
Vegetable	3/4 c				Cucumber Slices	
Meat or Meat Alt	1 oz			String Cheese (D)		
Grain	1 oz eq	Whole Wheat Soft Mini Pretzel (W)	Cheez-It Crackers (D, S, W)	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Veggie Crackers (D, S, W)	Whole Corn Tortilla Chips (S)
Milk*, fluid	8 oz	Milk (D)	Milk (D)			
Condiments		Honey Mustard (E, S)			Ranch Dressing (D, E, S)	Salsa (C)

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CHARLIE WEEK	Minimum portions	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
This institution is an equal opportunity provider, employer and lender.	SAC	September 28, 2026	September 29, 2026	September 30, 2026	October 1, 2026	October 2, 2026
BREAKFAST						
Fruit	1/2 c	Diced Peaches	Pineapple Tidbits (C)	Bananas	Oranges (C)	Blueberries
Meat or Meat Alt (Optional)	1oz		Egg Patty (D, E, S)			
Grain	1 oz eq	Cornflakes Cereal (W)		Kix Cereal	Cream of Wheat w/ Brown Sugar (D, W)	Whole Wheat Waffles (D, E, S, W)
Milk*, fluid	8 oz	Milk (D)	Milk (D)	Milk (D)	Milk (D)	Milk (D)
Condiments			Ketchup (C), Shredded Cheese (D)			Syrup
LUNCH						
Fruit	1/4 c					
Vegetable	1/2 c					
Meat or Meat Alt	2 oz					
Grain	1 oz eq					
Milk*, fluid	8 oz					
Condiments						
SNACK						
Fruit	3/4 c			Apples	Diced Peaches	
Vegetable	3/4 c		Cucumber Slices			Carrot Sticks
Meat or Meat Alt	1 oz			Dannon Light & Fit Vanilla Yogurt (D)		String Cheese (D)
Grain	1 oz eq	Whole Wheat Berry Animal Crackers (D, S, W)	Whole Grain Cracker Bites (D, S, W)		Whole Corn Tortilla Chips (S)	
Milk*, fluid	8 oz	Milk (D)				
Condiments			Ranch Dressing (D, E, S)		Salsa (C)	Ranch Dressing (D, E, S)

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